How Can You Prevent Backing and Stationary Object Accidents?

1. **INSPECT THE AREA:**
   - Make sure you perform a visual check of the area you are about to back into. If you're not sure if it's safe, get out and check for hazards.

2. **BE AWARE OF YOUR CLEARANCES:**
   - Make sure you are aware of any obstructions behind, to the sides, above and below your vehicle. This is especially important if you drive a larger vehicle such as a van or truck.

3. **BE ALERT - AVOID DISTRACTION:**
   - Before backing - turn off your radio, turn down your heater/ac and lower your window.

4. **USE YOUR MIRRORS CONTINUOUSLY:**
   - Check all mirrors before moving and re-check them continuously as you back or park your vehicle.

5. **USE YOUR 4-WAY EMERGENCY FLASHERS AND TAP YOUR HORN:**
   - You want drivers and pedestrians to be aware of your presence.

6. **MANEUVER SLOWLY:**
   - The slower you maneuver your vehicle the more time you have to react to hazards.

7. **BACK FROM THE DRIVER SIDE:**
   - You have less visibility when you back from the passenger side.

8. **USE A GUIDE:**
   - There's nothing like an extra set of eyes to assist you. Pick someone reliable and be sure to agree on hand signals before backing.

9. **BACK IN TO YOUR PARKING STALL UPON ARRIVAL:**
   - It is safer than backing into traffic when you depart.

10. **AVOID BACKING:**
    - Whenever possible position your vehicle so you can avoid a backing maneuver.